

# Apple Cereal Sammies

## Ingredients:

2 medium apples

6 Tbsp. creamy  
peanut butter

1/2 cup kid's  
favorite cereal



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## Directions:

Core each apple with an apple corer or sharp knife.

Slice each apple, horizontally, into six 1/4-inch slices.

Spread 1 Tbsp. peanut butter onto one of the apple slices. Then place another slice on top to make a sandwich.

Press firmly to allow the peanut butter to escape around the edges.

Roll the edges in your favorite cereal and enjoy.

Yields: 6 sandwiches

Serving size: 1 sandwich

Calories per serving  
(using Apple Jacks): 130

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