

# Apple Cereal Sammies



## Ingredients:

2 medium apples  
6 Tbsp. creamy peanut butter  
1/2 cup kid's favorite cereal

Yields: 6 sandwichess  
Serving size: 1 sandwich  
Calories per serving  
(using Apple Jacks): 130

## Directions:

Core each apple with an apple corer or sharp knife.  
Slice each apple, horizontally, into six 1/4-inch slices.  
Spread 1 Tbsp. peanut butter onto one of the apple slices. Then place another slice on top to make a sandwich.  
Press firmly to allow the peanut butter to escape around the edges.  
Roll the edges in your favorite cereal and enjoy.