

Roasted Basil Bacon Broccoli

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Ingredients:

12 oz. raw broccoli florets

Oil spray

Half of a lime

3 strips of turkey bacon
(diced)

1 Tbs. fresh basil (chopped)

1/2 tsp. garlic powder

Salt and pepper (to taste)

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Directions:

Preheat oven to 475°.

In a large bowl, spray broccoli with oil spray. Add salt, pepper and garlic powder, then toss to coat.

Spread broccoli evenly on a baking sheet in a single layer.

Top with uncooked bacon and basil. Then squeeze lime juice evenly over the top.

Roast on the bottom rack, tossing regularly, until broccoli is tender/roasted and bacon is cooked.

Yields four 3 oz. servings. • Calories per serving: 54 • Fat per serving: 1.7