

Hot Brown Dip

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Ingredients:

1 can (10 3/4 oz) 98% fat free cream of mushroom soup	(shredded)	1/4 tsp salt
1/4 cup skim milk	2 cups roasted turkey (shredded)	1/4 tsp pepper
1 cup sharp cheddar cheese	5 slices turkey bacon	1 bag whole wheat bagel chips
	2 small tomatoes (sliced)	

Directions:

In a small saucepan on medium-high heat, combine soup, milk, 3/4 cup of cheese, salt and pepper. Stir until cheese is melted and mixture is well combined.

Add turkey to cheese sauce and stir until evenly covered. Pour turkey mixture into a 8x8 square baking dish. Cook bacon in a skillet until crispy.

Sprinkle remaining cheese, chopped bacon and tomatoes on top of the turkey mixture. Broil on low until heated through and cheese is golden and bubbly.

Serve warm with whole wheat bagel chips.

Serving size: 4 tbsp • Cals per serving: 152 • Fat per serving: 5.5g