

## Pumpkin Spice Blossoms

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### Ingredients:

1 box spice cake mix

3 eggs

1 cup water

1 cup canned pure pumpkin  
(not pie pumpkin)

2 cups powdered sugar

3 Tbs. skim milk

1/4 tsp cinnamon

Cooking spray

### Directions:

Preheat the oven to 350°.

Combine cake mix, water, pumpkin and eggs in a bowl and mix until well combined with no lumps.

Spray pan with cooking spray. Fill each muffin tin with 1 Tbs. of batter.

Bake for 10 minutes or until cakes spring back when touched.

Whisk together cinnamon, powdered sugar and milk to form a glaze.

While the cakes are still warm, dip them top-side down in the glaze and cool on a wire rack.

Sprinkle with cinnamon (optional)

Calories per serving: 24 • Fat per serving: 0 • Sugar per serving: 4g