

Hot Brown Dip

Ingredients:

1 can (10 3/4 oz) 98% fat free cream of mushroom soup
1/4 cup skim milk
1 cup sharp cheddar cheese (shredded)
2 cups roasted turkey (shredded)

5 slices turkey bacon
2 small tomatoes (sliced)
1/4 tsp salt
1/4 tsp pepper
1 bag whole wheat bagel chips



Directions:

In a small saucepan on medium-high heat, combine soup, milk, 3/4 cup of cheese, salt and pepper. Stir until cheese is melted and mixture is well combined.

Add turkey to cheese sauce and stir until evenly covered. Pour turkey mixture into a 8x8 square baking dish. Cook bacon in a skillet until crispy. Sprinkle remaining cheese, chopped bacon and

tomatoes on top of the turkey mixture. Broil on low until heated through and cheese is golden and bubbly.

Serve warm with whole wheat bagel chips.

Serving size: 4 tbsp
Cals per serving: 152
Fat per serving: 5.5g

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